



www.blackstonemedicalservices.com  
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## PHYSICIANS ORDER FOR HOME SLEEP TEST

Patient Name: \_\_\_\_\_ SSN: \_\_\_\_\_

DOB: \_\_\_\_\_ Best / Daytime Phone #: \_\_\_\_\_ Alternate Phone #: \_\_\_\_\_

Street Address: \_\_\_\_\_ Email address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ ☐ Male ☐ Female

Primary Insurance: \_\_\_\_\_ ID No: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_ ID No: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BMI: \_\_\_\_\_ Neck Circumference: \_\_\_\_\_

Patient on Supplemental Oxygen: Yes\_\_\_ No\_\_\_ Patient Currently on PAP therapy: Yes\_\_\_ No\_\_\_

### STUDY REQUESTED (CPT-4)

☐ 95806 / G0399 Home Sleep Test

### CHIEF COMPLAINT:

- ☐ Snoring ☐ Observed Apnea  
☐ Choking or Gasping during sleep ☐ Fatigue  
☐ Excessive Daytime Sleepiness ☐ Hypertension  
☐ Other \_\_\_\_\_

### DIAGNOSIS CODE (ICD-10)

- ☐ G47.33 Obstructive Sleep Apnea  
☐ G47.30 Sleep Apnea, Unspecified  
☐ G47.39 Other Sleep Apnea

**EPWORTH SLEEPINESS SCALE: (For Insurance Purposes: assessment below must be completed prior to ordering a HST)**

**0 - NO** Chance of Dozing **1 - SLIGHT** Chance of Dozing **2 - MODERATE** Chance of Dozing **3 - HIGH** Chance of Dozing

|                                    | 0                        | 1                        | 2                        | 3                        |   | 0                        | 1                        | 2                        | 3                        |
|------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|---|--------------------------|--------------------------|--------------------------|--------------------------|
| Sitting and Reading                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Lying down to rest in the afternoon     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Watching TV                        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Sitting & Talking w/ someone            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sitting inactive in a public place | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Sitting quietly after lunch w/o alcohol | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Passenger in car under an hour     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | In a car stopped in traffic             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician NPI #: \_\_\_\_\_ Office Contact / Title: \_\_\_\_\_

Fax Results: \_\_\_\_\_

### Preferred DME Company

Company Name: \_\_\_\_\_

Fax Number: \_\_\_\_\_

*The information contained in this transmittal is confidential. If you have received it in error please contact our office and discard. Thank you.*